**Patient Name:** JONES, ASHLEY

**Date of Birth:** 09/16/1988

**Date of Service:** 09/30/2022

**History of Present Illness:**  
This is a 34 year-old right hand dominant female who was involved in a motor vehicle accident on 08/06/2022. Patient was the passenger on front seat, rear ended and seat belt restrained. Vehicle hits on the drivers side causing car flip. Patient injured Left Knee in the accident. The patient is here today for orthopedic evaluation.

The patient complains of left knee pain that is 10/10, with 10 being the worst which is throbbing and shooting in nature. Shoulder pain increases while bending and radiating down to ankle and behind knee.

**Past Medical History:**  
N/A

**Past Surgical History:**  
N/A

**Past Accident/Injuries:**  
Patient complains of pain back, leg and arm since the accident.

**Daily Medications:**  
N/A

**Allergies:**  
No known drug allergies

**Social History:**  
10 years/ MJ

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet and 5 inches tall, weighs 218 pounds

**Left Knee:**  
Examination of the knee revealed tender on the lateral and medial joint. Patient recommended naproven PT but refused stating already had enough PT.

**Diagnostic Imaging:**

**Assessment and Plan:**  
Diagnosis: 1.Left knee chondral defect. Laterryl andyle and patellar compartment.  
 2.\_\_\_\_\_\_\_  
Recommend 1. PT

The patient’s Left Knee was examined   
MRI of the Left Knee was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**